



# CATHEDRAL OF THE BLESSED SACRAMENT

*Stewards of God's Gifts*

## May 19, 2024 | Pentecost Sunday

### MASS SCHEDULE

SUNDAY | DOMINGO

8:00 am	English
10:00 am	English*
12:00 pm	Español*
2:00 pm	Chinese*
4:00 pm	English
6:00 pm	Español

\*Livestream available.

**Monday—Friday**  
**Lunes—Viernes**  
12:10 pm

### ADORATION

### ADORACIÓN

**Wednesday & Thursday**  
**Miércoles y Jueves**  
1:00 pm - 4:00 pm

### RECONCILIATION

### RECONCILIACIÓN

**Monday—Friday**  
**Lunes—Viernes**  
11:30 am—12:00 pm

**Saturday | Sabado**  
4:00 pm—5:00 pm

### CATHEDRAL HOURS

**Monday—Friday**  
10:00 am—4:00 pm

### OFFICE HOURS

**Monday—Friday**  
9:00 am— noon & 1 pm—4 pm



## PENTECOST SUNDAY

Jesus said to his disciples: "When the Advocate comes whom I will send you from the Father, the Spirit of truth that proceeds from the Father, he will testify to me." - Jn 15:26

En aquel tiempo, Jesús dijo a sus discípulos: "Cuando venga el Consolador, que yo les enviaré a ustedes de parte del Padre, el Espíritu de la verdad que procede del Padre, él dará testimonio de mí". - Jn 15, 26



1019 11th Street, Sacramento, CA 95814

916-444-3071 | Blessed@cathedralsacramento.org

www.CathedralSacramento.org

Connect with



Want something in the bulletin and website? Just email  
[communication@cathedralsac.org](mailto:communication@cathedralsac.org)

# Our Place of Worship/Nuestro lugar de culto

Thank  
You!

**Our Special Collection on May 5 was very successful!** You all donated \$5,995 toward repairs to our heating/cooling and sound system! Your generosity brings us 7% toward the \$80,000 funding goal. Thank you so much for treasuring our beautiful place of worship and we pray for continued funding support on the first Sunday of each month.

**¡Nuestra Colección Especial del 5 de mayo fue todo un éxito!** ¡Todos ustedes donaron \$5,995 para reparaciones de nuestro sistema de calefacción/refrigeración y sonido! Su generosidad nos aporta un 7 % hacia la meta de financiación de \$80,000. Muchas gracias por atesorar nuestro hermoso lugar de adoración y oramos por un apoyo financiero continuo el primer domingo de cada mes.

## Sacramento Chinese Catholic Community

**RECONCILIATION:** 1<sup>st</sup> Sunday of the month before mass. Please contact Kenneth Ng or Fr. Chiu in advance.  
Tel: 916-583-8306  
Email: [sccc.contact@gmail.com](mailto:sccc.contact@gmail.com)  
Facebook: [@sacchineseatholic](https://www.facebook.com/sacchineseatholic)  
Instagram: <https://is.gd/SCCCinstagram>  
Website: [www.sacchineseatholic.org/](http://www.sacchineseatholic.org/)

**A Glimpse of Spirituality 靈修一瞥125 (Mark 2:1-12)**

**Fr. Abraham Chiu 趙必成神父**

“拆開房頂”對信仰有何意義？這是四人協助朋友的唯一方法？

幫助癱瘓朋友的行動，顯示無論情況有多困難，他們都會盡力而為。這些朋友都是相信耶穌醫治能力的人，都是主動、堅韌和創造力強的人。然而，猶太人根據他們宗教文化，認為天主透過讓這人生病來懲罰他。人們普遍認為，除非罪過得到寬恕，否則任何疾病都無法治癒。因此，耶穌必須先讓癱瘓者相信他的罪已被赦免。然而，經師再次認為耶穌治療行動是褻瀆天主。

他們認為耶穌恕罪是褻瀆和侮辱天主，因為這是天主獨有特權。他們對耶穌的主要指控是“孩子，你的罪赦了！”“孩子”（teknon）一詞比作人與人之間透過仁愛、友誼、信任的連結而形成的互相親密關係，就像父母孩子之間一樣。換言之，這癱瘓者知道天主不再是懲罰他的對頭，他是天主所愛的孩子。透過治療奇蹟，耶穌將“受懲罰的”轉化為“被愛護的”。

此外，治癒癱瘓者只是耶穌與門徒分享他的天主性，好證明他是天主子。耶穌認為，如果他治愈這人，那麼敵對者就會承認他的赦罪權柄，從而認識他是天主子；事實上，這是敵對者釘死他的主要罪名。

耶穌也拆開禁忌的屋頂去接觸有需要者，好讓那些相信他的人，透過打開的屋頂進入天堂。



Chinese Portal:  
Announcements/  
Sunday Readings

# Peregrinación Eucarística/Eucharistic Pilgrimage



NATIONAL  
**Eucharistic  
Pilgrimage**



**Peregrinación  
Eucarística**  
NACIONAL

**THIS WEDNESDAY, MAY 22  
COME BE A PILGRIM FOR A DAY!**

**11am River Walk Park, West  
Sacramento** Walk with Bishop Soto, the people of our Diocese and the National Perpetual Pilgrims across Tower Bridge arriving at the Cathedral at noon.

**12:10 pm Mass** with Bishop Soto presiding. *(Come even if you don't walk.)*

**Adoration from 1pm to 4pm.**

**ESTE MIÉRCOLES 22 DE MAYO  
¡VEN A SER PEREGRINO POR UN DÍA!**

**11 am River Walk Park, West  
Sacramento** Camine con el Obispo Soto, la gente de nuestra Diócesis y los Peregrinos Perpetuos Nacionales a través del Tower Bridge y llegue a la Catedral al mediodía.

**12:10 pm Misa** presidida por el Obispo Soto. *((Ven incluso si no caminas).)*

**Adoración de 1pm a 4pm.**

**Parish Office will be closed on May 22.**

As background information, this Pilgrimage is part of the National Eucharistic Revival that began in June 2022. On Pentecost weekend, the Perpetual Pilgrims will set out on different processions from the four corners of the United States arriving in Indianapolis for the National Eucharistic Congress, July 17-21.

Covering over 2,200 miles, the St. Junipero Serra Route (west) is the longest and most challenging of the four routes. On May 21, the Serra Route begins in the Archdiocese of San Francisco and arrives in the Sacramento Diocese starting in Vallejo traveling the Delta waterways. On May 22, the Pilgrims travel through Sacramento to the Cathedral. The next day, May 23, they continue their journey through the eastern part of the Diocese to South Lake Tahoe. From there, the Pilgrims will process across Lake Tahoe to Incline Village, Nevada ultimately traveling through 18 dioceses across 11 states before arriving in Indianapolis for the National Eucharistic Congress on July 17.

For more information about the National Eucharistic Pilgrimage, go to [www.eucharisticpilgrimage.org](http://www.eucharisticpilgrimage.org).

Como información general, esta Peregrinación es parte del Avivamiento Eucarístico Nacional que comenzó en junio de 2022. El fin de semana de Pentecostés, los Peregrinos Perpetuos emprenderán diferentes procesiones desde los cuatro rincones de los Estados Unidos y llegarán a Indianapolis para el Congreso Eucarístico Nacional, en julio. 17-21.

La ruta de San Junípero Serra (oeste), que cubre más de 2200 millas, es la más larga y desafiante de las cuatro rutas. El 21 de mayo la Ruta Serra inicia en la Arquidiócesis de San Francisco y llega a la Diócesis de Sacramento iniciando en Vallejo recorriendo las vías fluviales del Delta. El 22 de mayo los Peregrinos viajan por Sacramento hasta la Catedral. Al día siguiente, 23 de mayo, continúan su viaje por la parte este de la Diócesis hasta South Lake Tahoe. Desde allí, los peregrinos cruzarán el lago Tahoe hasta Incline Village, Nevada, y finalmente viajarán a través de 18 diócesis en 11 estados antes de llegar a Indianapolis para el Congreso Eucarístico Nacional el 17 de julio.

Para obtener más información sobre la Peregrinación Eucarística Nacional, visite <https://es.eucharisticpilgrimage.org/>

# Events and Information



## KEEP THE FLAME ALIVE

**Wednesdays, 7:00 pm via Zoom**

Father O'Reilly leads a study on the Gospel of John. Nourish your faith and feel the Scriptures take on new depth of meaning, as we slowly delve into each passage.

Contact Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)



## THE HOLY ROSARY

**1st and 3rd Wednesdays 6pm**

St. Josephine Bakhita Room, lower level.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)



## RECONCILIATION

**Monday - Friday**

11:30 am to 12:00 pm

**Saturday 4:00 pm to 5:00 pm**

## ADORATION

**Wednesday & Thursday**

1:00 pm to 4:00 pm

## MANTENGA VIVA LA LLAMA

**Miércoles, 7:00 pm vía Zoom**

El padre O'Reilly dirige un estudio sobre el Evangelio de Juan. Nutre tu fe y siente que las Escrituras adquieren una nueva profundidad de significado a medida que profundizamos lentamente en cada pasaje. Contacto con Donna: [flamealive22@gmail.com](mailto:flamealive22@gmail.com)

## EL SANTO ROSARIO

**1er y 3er miércoles, 6:00 pm**

Aula St. Josephine Bakhita, nivel inferior.  
[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

## RECONCILIACIÓN

**Lunes - Viernes**

11:30 am to 12:00 pm

**Sábado 4:00 pm to 5:00 pm**

## ADORACIÓN

**Miércoles y Jueves**

1:00 pm to 4:00 pm

## SUNDAY CATHEDRAL TOURS

Cancelled today May 19

## TOURS DE LA CATEDRAL DEL DOMINGO

Cancelado hoy 19 de mayo

"The Cathedral of the Blessed Sacrament Presents"

## A Eucharistic Revival Concert

Dave Brubeck's

## PANGE LINGUA VARIATIONS

An Ode to Sacramento

Saturday, July 6 at 8:00 pm

Cathedral of the Blessed Sacrament

1019 11th Street, Sacramento, CA 95814

Cathedral Choir and Orchestra, Neal Gittleman, Conductor

Special Guest Performances By:

Chris Brubeck

Dan Brubeck

Joe Gilman



Chris Brubeck



Dan Brubeck



Neal Gittleman



Joe Gilman

**WINE & CHEESE RECEPTION AND TOURS OF THE CATHEDRAL: 6 pm with the Concert at 8 pm**

To purchase tickets use QR code or: [cbssac.ticketspice.com/brubeck](https://cbssac.ticketspice.com/brubeck)

For publicity & outreach contact: [concerts@cathedralsacramento.org](mailto:concerts@cathedralsacramento.org)

"All proceeds will be used to fund the Cathedral's Social Service Ministries"



Familia Verbum Dei te invita:

## Retiro de parejas

### "Cristo tú y yo"

#### Una sola carne.

Gen 2, 24

Catedral del Santísimo Sacramento  
1019 11th St Sacramento, CA 95814

Sábado 15 de Junio  
8:00am-1:30pm

Registro e información:  
Norma Hurtado (916)712-3977  
Donación \$25 por persona



Cathedral of the Blessed Sacrament



## Women's Retreat June 13-16

Deepen your relationship with Jesus Christ, renew yourself spiritually, give new meaning to prayer life and Sunday liturgy, and build lasting friendships with members of your community by going on an ACTS weekend retreat.

To learn more, contact  
Lucila Martinez, Retreat Director  
916-947-6985 [hope4evr58@yahoo.com](mailto:hope4evr58@yahoo.com)



Brochure



Register

## DONATE OLD RECORDS SUNDAY, JUNE 2

The Saint Toribio Youth Choir is raising money to purchase uniforms. On Sunday, June 2 bring in vinyl records to the vestibule before mass. Dan, the record man, is buying the used records and all proceeds go towards youth choir uniforms.

*Thank you for supporting Saint Toribio Choir!*  
Gayle Winney, Director



## DONAR DISCOS ANTIGUOS DOMINGO 2 DE JUNIO

El Coro Juvenil San Toribio está recaudando dinero para la compra de uniformes. El domingo 2 de junio, lleve los discos de vinilo al vestíbulo antes de la misa. Dan, el hombre de los discos, está comprando los discos usados y todas las ganancias se destinan a los uniformes del coro juvenil.

*¡Gracias por apoyar al Coro de Santo Toribio!*  
Gayle Winney, Maestra de Música



No vinyl records to donate? Just scan the QR code to donate through our GoFundMe.  
¿No hay discos para donar? Escanee el código QR para donar a través de GoFundMe.





# Family Faith Formation and OCIA

Register now  
for 2024-2025  
Family Faith  
Formation

Inscríbese ahora  
para 2024-2025  
Formación en la Fe  
Familiar



**REGISTRATION DATES**  
Family Faith Formation  
for 2024-2025

Currently Enrolled:  
April 28-May 30

New Families and  
Transferring Families:  
June 4-18

Late Enrollment:  
July 1-24  
(fee increase)

Request Information  
about Curriculum, fees  
and participation:

[www.is.gd/inquiry2024](http://www.is.gd/inquiry2024)

## Family Faith Formation: Jesus in our homes and hearts

The 2023-2024 year of faith formation at the Cathedral was full of blessings. As we studied the fourth pillar of the Catechism (on prayer), we found joy in watching our families growing in their personal relationship with God through this important part of our Christian life: Prayer. As we close out our year of formation, we are getting ready for the coming year and want to welcome your family to walk with us. **Here are our monthly themes for the 2024-2025 year.**

- The Bible: God's Love Letter
- The Final Coming of Jesus
- God Keeps His Promises
- Covenant Relationship
- God Builds His Church on Rock
- A People of Mercy/Reconciliation
- Jesus Walk in Holiest of Weeks
- Mystery of the Holy Trinity.

**Registration Open for Returning Families. Details on Website.**

September—Orientation and  
First Sessions begin

Sacramental Preparation Integrated  
into classroom / home learning

### FAITH FORMATION SCHEDULE FOR ADULTS AND CHILDREN

<b>SUN 19 MAY</b>	<b>OCIA Catechumen—BOW 8am</b> <b>Youth Confirmation Mass</b> 10:00 AM—in Church
<b>MON 20 MAY</b>	<b>Evening Prayer (All Welcome)</b> 6:30 PM, Mercy Hall <b>OCIA for Adults   Enrichment</b> 7:00 PM, Mercy Hall/Classes
<b>TUE 21 MAY</b>	<b>Family Faith Formation</b> 6:00 PM—Mercy Hall
<b>THU 23 MAY</b>	<b>Adult Confirmation Last Class</b> 7:00 PM, St Toribio <b>Adult Formation / Bible</b> 7:00 PM, St Pius X
<b>SAT 25 MAY</b>	<b>Family Faith Formation</b> 10:00 AM—Mercy Hall <b>OCIA Retreat for</b> Rite of Acceptance and Welcome 3:00—5:00 PM
<b>SUN 26 MAY</b>	<b>OCIA Catechumen—BOW 8am</b> <b>Rite of Acceptance &amp; Welcome</b>  10:00 AM—1st Communion #2 en 12 noon—1era Comunion #2 esp
<b>MON 27 MAY</b>	NO OCIA—Holiday 6:00 PM—OCIA Team Planning Offsite

### Preparation for Sunday Mass Sunday, 26 MAY 24

**Prepare:**

#### Trinity Sunday

Deuteronomy 4:32-34, 39-40

Psalms 33:4-5, 6, 9, 18-19, 20, 22

Romans 8:14-17

Matthew 28:16-20

#### Focus of the Gospel:

In the Gospel next Sunday, Jesus gives us the great command: "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you."

This is the duty of every follower of Christ. We are called to proclaim the Gospel with our lives so that others will know of it and desire faith. We have seen this unfold many times this year, as a family or person in Faith Formation opens their heart to God, they begin to change the priorities and attitudes. Others—witnessing their change of heart (metanoia) begin to desire the faith they see and inquire to take instruction at the Cathedral. All believers are commissioned by Christ to "make disciples". Let us begin by living well our Christian life, sharing our love for God in our words and actions, that many may come to know and love the One we have found.

#### With Your Family

- ◆ Read Matthew 28:16-20
- ◆ Reflect on what your faith means to you and how you reflect your faith in the world and people around you.
- ◆ What can you do as a family to share your faith and glorify God in your lives?
- ◆ Identify someone you know that needs Jesus. How can you/family reach out?
- ◆ Pray Psalm 33:18-22 together.

Family Faith Formation and OCIA—Formation of Faith and of Sacraments for Children and Adults

# Formación de fe Familiar y OICA

## Formación en la fe familiar: Jesús en nuestros hogares y corazones

El año 2023-2024 de formación en la fe en la Catedral estuvo lleno de bendiciones. Mientras estudiábamos el cuarto pilar del Catecismo (sobre la oración), encontramos alegría al ver a nuestras familias crecer en su relación personal con Dios a través de esta importante parte de nuestra vida cristiana: La oración. Al terminar nuestro año de formación, nos estamos preparando para el próximo año y queremos dar la bienvenida a su familia a caminar con nosotros. Aquí están nuestros temas mensuales para el año 2024-2025.

- La Biblia: Carta de amor de Dios
- La venida final de Jesús
- Dios cumple sus promesas
- Relación de Alianza
- Dios construye su Iglesia en la roca
- Pueblo de Misericordia/Perdon
- Jesús camina en la Semana Santa
- Misterio de la Santísima Trinidad.

### Inscripción abierta para las familias que regresan.

Septiembre-Orientación y Comienzan las primeras sesiones

Preparación Sacramental Integrada en el aula / aprendizaje en casa

### Preparación para la Misa Domingo, 26 MAYO 24

**Preparar:**  
Domingo de la Santísima Trinidad

Deuteronomio 4:32-34, 39-40  
Salmo 33:4-5, 6, 9, 18-19, 20, 22  
Romanos 8:14-17  
Mateo 28:16-20

#### Enfoque del evangelio:

En el Evangelio del próximo domingo, Jesús nos da el gran mandamiento: "Id, pues, y haced discípulos a todas las gentes, bautizándolas en el nombre del Padre y del Hijo y del Espíritu Santo, y enseñándoles a guardar todo lo que yo os he mandado". Este es el deber de todo seguidor de Cristo. Estamos llamados a proclamar el Evangelio con nuestra vida para que otros lo conozcan y deseen la fe. Hemos visto esto desarrollarse muchas veces este año, cuando una familia o persona en Formación de Fe abre su corazón a Dios, comienzan a cambiar las prioridades y actitudes. Otros-testigos de su cambio de corazón (metanoia) comienzan a desear la fe que ven y preguntan para tomar la instrucción en la Catedral. Todos los creyentes son comisionados por Cristo para "hacer discípulos". Comencemos por vivir bien nuestra vida cristiana, compartiendo nuestro amor a Dios en nuestras palabras y acciones, para que muchos puedan llegar a conocer y amar a Aquel que hemos encontrado.

#### Con tu familia

- ♦ Lee Mateo 28:16-20
- ♦ Reflexiona sobre lo que significa tu fe para ti y cómo reflejas tu fe en el mundo y en la gente que te rodea.
- ♦ ¿Qué podéis hacer en familia para compartir vuestra fe y glorificar a Dios en vuestras vidas? Identifica a alguien que conozcas y que necesite a Jesús. ¿Cómo puedes tú y tu familia tenderle la mano?
- ♦ Oren juntos el Salmo 33:18-22.

### SUNDAY MASS PREP for the FAMILY

Sign up for Mass preparation with engaging videos and activity sheets for children of all ages.

<https://is.gd/massprep2024>



Regístrese para la preparación de la Misa con videos atractivos para niños de todas las edades.



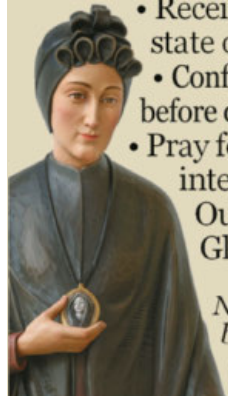
PREPARACIÓN DE LA MISA DOMINICAL PARA LA FAMILIA

### Plenary Indulgence Granted

Receive a Plenary Indulgence by visiting the Cathedral.

#### To obtain the Indulgence:

- Receive Communion in state of grace.
- Confession within 20 days before or after your visit.
- Pray for the Holy Father's intentions (For example: Our Father, Hail Mary, Glory Be).



Not part of requirements but please pray for our Canossian Sisters.

### What is OCIA?

The "Order of Christian Initiation for Adults" provides a place for seekers to explore what the Catholic Church believes and teaches as part of their journey towards embracing Christ and His Church in the reception of sacraments. Catholics who have not received Sacraments of Confirmation and of the Holy Eucharist may attend. To know more, go to our website: [cathedralsacramento.org](https://cathedralsacramento.org)

Looking for fellowship in a small group and don't know where to start? Take our survey and let us help you.

<https://is.gd/surveygroups>



### Adult Faith Enrichment Want to deepen your Catholic Faith?

View the below topics and join the discussion as our Guest.

OCIA Catholic Formation  
Mondays, 7:00 pm  
Mercy Hall (lower level)

#### MAY TOPICS - 7 PM

- 20<sup>th</sup> Salvation & Redemption  
The Mass
- 27<sup>th</sup> No Sessions  
Memorial Day

#### Start now:

<https://is.gd/ociaguest>

Sign up to receive notifications of upcoming topics

Sister Lisa Marie Doty, FDCC, Director of Faith Formation & OCIA | [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org) | 916-444-5364

# Liturgy of the Word

## PENTECOST SUNDAY

MAY 19, 2024

### Mass Intentions & Observances

SUN 5/19

PENTECOST SUNDAY

8:00 AM: MRS. TRISLER +

10:00 AM: PEOPLE OF THE PARISH S.I.

12:00 PM: ENCARNACION REGULTO +;

AUGUSTO CAESAR REGULTO +

4:00 PM: THE ACCREDITATION CHAIRS

FOR OUR DIOCESAN SCHOOLS S.I.

6:00 PM: RUBEN AROCAN S.I.

MON 5/20

THE BLESSED VIRGIN MARY,  
MOTHER OF THE CHURCH

12:10 PM: CARLA DUCKWORTH +

TUE 5/21

EIGHTH TUESDAY OF EASTER

12:10 PM: EMMA RUST S.I.

WED 5/22

EIGHTH WEDNESDAY OF EASTER

12:10 PM: VERONICO GUIRITAN +

THU 5/23

EIGHTH THURSDAY OF EASTER

12:10 PM: TERRANCE G. KELLY +

FRI 5/24

EIGHTH FRIDAY OF EASTER

12:10 PM MR. THOMAS AND GLORIA

VILLALOBOS S.I. AND FAMILY S.I.

*S.I. = for special intention*

*+ = for repose of the soul*

### Mass Intentions

Please email:

[vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)

or call 916-444-3071, ext. 10

#### READING 1 ACTS 2:1-11

When the time for Pentecost was fulfilled, they were all in one place together. And suddenly there came from the sky a noise like a strong driving wind, and it filled the entire house in which they were. Then there appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim.

Now there were devout Jews from every nation under heaven staying in Jerusalem. At this sound, they gathered in a large crowd, but they were confused because each one heard them speaking in his own language. They were astounded, and in amazement they asked, "Are not all these people who are speaking Galileans? Then how does each of us hear them in his native language? We are Parthians, Medes, and Elamites, inhabitants of Mesopotamia, Judea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the districts of Libya near Cyrene, as well as travelers from Rome, both Jews and converts to Judaism, Cretans and Arabs, yet we hear them speaking in our own tongues of the mighty acts of God."

#### RESPONSORIAL PSALM

**PS 104:1, 24, 29-30, 31, 34**

**R. Lord, send out your Spirit, and renew the face of the earth.**

Bless the LORD, O my soul!  
O LORD, my God, you are great indeed!  
How manifold are your works, O LORD!  
the earth is full of your creatures;

**R. Lord, send out your Spirit, and renew the face of the earth.**

May the glory of the LORD endure forever;  
may the LORD be glad in his works!

Pleasing to him be my theme;

I will be glad in the LORD.

**R. Lord, send out your Spirit, and renew the face of the earth.**

If you take away their breath, they perish  
and return to their dust.

When you send forth your spirit, they are  
created,  
and you renew the face of the earth.

**R. Lord, send out your Spirit, and renew the face of the earth.**

#### READING 2 1 COR 12:3B-7, 12-13

Brothers and sisters:

No one can say, "Jesus is Lord," except by the Holy Spirit. There are different kinds of spiritual gifts but the same Spirit; there are different forms of service but the same Lord; there are different workings but the same God who produces all of them in everyone. To each individual the manifestation of the Spirit is given for

some benefit.

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

#### SEQUENCE

##### VENI, SANCTE SPIRITUS

*Come, Holy Spirit, come!  
And from your celestial home  
Shed a ray of light divine!  
Come, Father of the poor!  
Come, source of all our store!  
Come, within our bosoms shine.  
You, of comforters the best;  
You, the soul's most welcome guest;  
Sweet refreshment here below;  
In our labor, rest most sweet;  
Grateful coolness in the heat;  
Solace in the midst of woe.  
O most blessed Light divine,  
Shine within these hearts of yours,  
And our inmost being fill!  
Where you are not, we have naught,  
Nothing good in deed or thought,  
Nothing free from taint of ill.  
Heal our wounds, our strength renew;  
On our dryness pour your dew;  
Wash the stains of guilt away;  
Bend the stubborn heart and will;  
Melt the frozen, warm the chill;  
Guide the steps that go astray.  
On the faithful, who adore  
And confess you, evermore  
In your sevenfold gift descend;  
Give them virtue's sure reward;  
Give them your salvation, Lord;  
Give them joys that never end. Amen.*

*Alleluia.*

#### ALLELUIA

**R. Alleluia, alleluia.**

Come, Holy Spirit, fill the hearts of your faithful

and kindle in them the fire of your love.

**R. Alleluia, alleluia.**

#### GOSPEL JN 20:19-23

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."



## DOMINGO DE PENTECOSTÉS

## 19 DE MAYO DE 2024

### PRIMERA LECTURA

**HCH 2, 1-11**

El día de Pentecostés, todos los discípulos estaban reunidos en un mismo lugar. De repente se oyó un gran ruido que venía del cielo, como cuando sopla un viento fuerte, que resonó por toda la casa donde se encontraban. Entonces aparecieron lenguas de fuego, que se distribuyeron y se posaron sobre ellos; se llenaron todos del Espíritu Santo y empezaron a hablar en otros idiomas, según el Espíritu los inducía a expresarse.

En esos días había en Jerusalén judíos devotos, venidos de todas partes del mundo. Al oír el ruido, acudieron en masa y quedaron desconcertados, porque cada uno los oía hablar en su propio idioma.

Atónitos y llenos de admiración, preguntaban: "¿No son galileos, todos estos que están hablando? ¿Cómo, pues, los oímos hablar en nuestra lengua nativa? Entre nosotros hay medos, partos y elamitas; otros vivimos en Mesopotamia, Judea, Capadocia, en el Ponto y en Asia, en Frigia y en Panfilia, en Egipto o en la zona de Libia que limita con Cirene. Algunos somos visitantes, venidos de Roma, judíos y prosélitos; también hay cretenses y árabes. Y sin embargo, cada quien los oye hablar de las maravillas de Dios en su propia lengua".

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**R. Envía, Señor, tu Espíritu, a renovar la tierra.**

**Aleluya.**

Bendice, al Señor, alma mía;

Señor y Dios mío, inmensa es su grandeza.

¡Qué numerosas son tus obras, Señor!

La tierra está llena de tus creaturas.

**R. Envía, Señor, tu Espíritu, a renovar la tierra.**

**Aleluya.**

Si retiras tu aliento,

toda creatura muere y vuelve al polvo.

pero envías tu espíritu, que da vida,

y renuevas el aspecto de la tierra.

**R. Envía, Señor, tu Espíritu, a renovar la tierra.**

**Aleluya.**

Que Dios sea glorificado para siempre

y se goce en sus creaturas.

Ojalá que le agraden mis palabras

y yo me alegraré en el Señor.

**R. Envía, Señor, tu Espíritu, a renovar la tierra.**

**Aleluya.**

### SEGUNDA LECTURA

**1 COR 12, 3B-7. 12-13**

Hermanos: Nadie puede llamar a Jesús "Señor", si no es bajo la acción del Espíritu Santo.

Hay diferentes dones, pero el Espíritu es el mismo. Hay diferentes servicios, pero el Señor es el mismo. Hay diferentes actividades, pero Dios, que hace todo en todos, es el mismo. En cada uno se manifiesta el Espíritu para el bien común.

Porque así como el cuerpo es uno y tiene muchos miembros y todos ellos, a pesar de ser muchos, forman un solo cuerpo, así también es Cristo. Porque todos nosotros, seamos judíos o no judíos, esclavos o libres, hemos sido bautizados en un mismo Espíritu para formar un solo cuerpo, y a todos se nos ha dado a beber del mismo Espíritu.

### **SECUENCIA**

*Ven, Dios Espíritu Santo,  
y envíanos desde el cielo  
tu luz, para iluminarnos.*

*Ven ya, padre de los pobres,  
luz que penetra en las almas,  
dador de todos los dones.*

*Fuente de todo consuelo,  
amable huésped de alma,  
paz en las horas de duelo.*

*Eres pausa en al trabajo;  
brisa, en un clima de fuego;  
consuelo, en medio del llanto.*

*Ven, luz santificadora,  
y entra hasta el fondo del alma  
de todos los que te adoran.*

*Sin tu inspiración  
divina los hombres nada  
podemos y el pecado nos domina.*

*Lava nuestras inmundicias,  
fecunda nuestras desiertos  
y cura nuestras heridas.*

*Doblega nuestra soberbia,  
calienta nuestras frialdad,  
endereza nuestras sendas.*

*Concede a aquellos que ponen  
en ti su fe y su confianza  
tus siete sagrados dones.  
Danos virtudes y méritos,  
danos una buena muerte  
y contigo el gozo eterno.*

### EVANGELIO

**JN 20, 19-23**

Al anochecer del día de la resurrección, estando cerradas las puertas de la casa donde se hallaban los discípulos, por miedo a los judíos, se presentó Jesús en medio de ellos y les dijo: "La paz esté con ustedes". Dicho esto, les mostró las manos y el costado.

Cuando los discípulos vieron al Señor, se llenaron de alegría. De nuevo les dijo Jesús: "La paz esté con ustedes. Como el Padre me ha enviado, así también los envío yo".

Después de decir esto, sopló sobre ellos y les dijo: "Reciban el Espíritu Santo. A los que les perdonen los pecados, les quedarán perdonados; y a los que no se los perdonen, les quedarán sin perdonar".

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## SACRAMENTS

for additional information go to [www.CathedralSacramento.org](http://www.CathedralSacramento.org)

## ANOINTING OF THE SICK

Make an appointment by calling the parish office.

## BAPTISM

Contact Deacon Omar Bardales:  
[baptism@cbssac.org](mailto:baptism@cbssac.org) or 916-444-3071 Ext. 28

## CONFESSION/RECONCILIATION

See cover page.

## CONFIRMATION

[www.cathedralsacramento.org/faithformation](http://www.cathedralsacramento.org/faithformation)

## HOLY EUCHARIST

Contact Sister Lisa Marie at [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org).

## HOLY ORDERS

To learn about the priesthood and/or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

## MARRIAGE PREPARATION

Contact Deacon Omar & Janet Bardales at [matrimonyprep@att.net](mailto:matrimonyprep@att.net) or 916-427-9160.

## MATRIMONY

Contact Titi Kila [tkila@cathedralsacramento.org](mailto:tkila@cathedralsacramento.org)

## PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, *Pastor/Rector*  
Fr. Abraham Chiu, *Chinese Mass*  
Fr. Mémo Hernandez  
Fr. Michael Kiernan  
Deacon Omar Bardales  
Deacon Gary Brys, *Business Manager*  
Deacon Edgar Hilbert  
Sr. Lisa Marie Doty, FDCC,  
*Director of Faith Formation & OCIA*  
Rex Rallanka,  
*Director of Liturgy & Music*  
Michael Ognisty, *Sacristan*  
Tom Waddock, *Plant Manager*  
Victoria Ramos, *Secretary*  
Katie McAllister, *Bookkeeper*  
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**Bulletin & Website:**  
[Communication@cathedralsac.org](mailto:Communication@cathedralsac.org)



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## SACRED LITURGY

### Altar Servers

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

### Cathedral Choir

Rex Rallanka, Director of Liturgy & Music,

[rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org)

### Saint Toribio Choir - The Youth Choir of The Cathedral

Rex Rallanka at [rrallanka@cathedralsacramento.org](mailto:rrallanka@cathedralsacramento.org) or

Gayle Winney, [gwinney@cbssac.org](mailto:gwinney@cbssac.org)

### Extraordinary Ministers of Holy Communion

Amy McCormick, [ammccormick@att.net](mailto:ammccormick@att.net)

### Lectors

Maggie Jones, [lector@cathedralsac.org](mailto:lector@cathedralsac.org)

### Sacristan Ministry

Michael Ognisty, [mfognisty@msn.com](mailto:mfognisty@msn.com)

### Ushers

Tom Waddock, [tomwaddock@yahoo.com](mailto:tomwaddock@yahoo.com) 916-444-3071

### Welcoming Ministry

Andrea Martin-Borges, [andreamartin-borges@hotmail.com](mailto:andreamartin-borges@hotmail.com)

## PRAYER

### Adoration

Titi Kila, [cbsadoration@gmail.com](mailto:cbsadoration@gmail.com)

### Evening Rosary Group

Marlene Mejia or Christina Callazo-Kelly,

[praytherosarywithus@yahoo.com](mailto:praytherosarywithus@yahoo.com)

### Prayer Chain

Regina Fagan, [prayer.chain.sacramento@gmail.com](mailto:prayer.chain.sacramento@gmail.com)

## FAITH FORMATION AND CATECHESIS

### Faith Formation and Christian Initiation

Sr. Lisa Marie Doty, FDCC, [slmdoty@cbssac.org](mailto:slmdoty@cbssac.org)

### Formacion en la Fe Familiar (FFF) en Espanol

Deyanira Galvez, [Galvez.dgv@gmail.com](mailto:Galvez.dgv@gmail.com)

### Catechesis of the Good Shepherd

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[www.youngsheep.org](http://www.youngsheep.org)

## SOCIAL and COMMUNITY SERVICE

### Brown Bag Lunch Ministry

Marilynn Fairgood, [Marilynn\\_Fairgood@att.net](mailto:Marilynn_Fairgood@att.net)

### Cathedral Docents Tour Ministry

Jill Pease, [peasejill@gmail.com](mailto:peasejill@gmail.com)

### Festival of Trees

Susan Moeller, [susandurand@gmail.com](mailto:susandurand@gmail.com)

### Front Door Ministry

Deacon Edgar Hilbert, [hilbertdoheva@aol.com](mailto:hilbertdoheva@aol.com)

### Gift Shop Volunteers

Susan Moeller, [susandurand@gmail.com](mailto:susandurand@gmail.com)

### Hospitality

Celeste Gisla, [jfgisla@att.net](mailto:jfgisla@att.net)

### Office Ministry

Victoria Ramos, [vramos@cathedralsacramento.org](mailto:vramos@cathedralsacramento.org)

### Outreach to the Homebound

Deacon Omar Bardales, [omarepa@att.net](mailto:omarepa@att.net)

### Media and Communications Ministry

Titi Kila, [communication@cathedralsac.org](mailto:communication@cathedralsac.org)

### Respect Life Ministry

Liliana Balderrama, [michoacan8888@gmail.com](mailto:michoacan8888@gmail.com)

### Volunteer Corps

Tom Waddock, 916-444-3071,

## COMMUNITY GROUPS

### Cathedral ACTS.

Diane Gonzales-Salais, [dmgslais@yahoo.com](mailto:dmgslais@yahoo.com)

### Cathedral Filipino-American Group of Sacramento

John Ponce, [johne.poww@gmail.com](mailto:johne.poww@gmail.com)

### Cathedral Young Adults

Victoria Ramos, [cathedrallya@gmail.com](mailto:cathedrallya@gmail.com)

### Chinese Community

Kenneth Ng, [secc.contact@gmail.com](mailto:secc.contact@gmail.com)

### Knights of Columbus

Gabriel Gutierrez, [gutierrezgabriel@yahoo.com](mailto:gutierrezgabriel@yahoo.com)

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