

MASS SCHEDULE

* Livestream available on Sundays & Holy Days of Obligation

Sunday	Domingo
English	8:00 am
English	10:00 am*
Español	12:00 pm*
Chinese	2:00 pm*
English	4:00 pm
Español	6:00 pm

4:00 pm ADORATION

Español 6:00 pm Wednesday & Thursday

MASKS ENCOURAGED INDOORS 1:00 pm to 4:00 pm

Saturday | Sábado NO VIGIL MASS

Monday - Friday Lunes - Viernes

12:10 pm

RECONCILIATION

Monday - Friday | Lunes - Viernes 11:30 am to 12:00 pm Saturday | Sábado

4:00 pm to 5:00 pm

Connect with us!









cathedralsacramento.org

READINGS/MASS INTENTIONS

Page 2 | Sunday, May 29, 2022 | The Ascension of the Lord

STEWARDSHIP REFLECTION

On this Feast of the Ascension, we celebrate Christ's triumphant return to the Father after perfectly accomplishing His mission on earth. But we can also view this Feast as a celebration of the "launch day" of our commissioning as Christ's disciples.

Today's Gospel draws our attention to the clear instructions that Jesus gave His disciples (and to us) just before ascending to the Father: "Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things."

Embracing a stewardship way of life, with its emphasis on the use of time, talent and treasure, helps us to live in such a way that our very lives speak as a witness of the Good News of the Gospel. While we take time to reflect and renew our commitments in these three areas annually as a parish family, it is of great benefit to take some time individually throughout the year to take stock of the commitments we have made — looking at both our strengths and our need for continued growth in each area.

On this Feast of our "launch day," take some time to celebrate your victories as Christ's disciples and renew your commitment to remain faithful to Him and the unique mission He has entrusted to you!



READINGS AND OBSERVANCES

Sunday 5/29
Ascension of the Lord

Monday 5/30 Memorial Day

Tuesday 5/31 The Visitation of the Blessed Virgin Mary

Wednesday 6/1 St. Justin, Martyr

Thursday 6/2 Sts. Marcellinus and Peter, Martyrs

Friday 6/3 St. Charles Lwanga and Companions, Martyrs

Saturday 6/4
Easter Weekday

Sunday 6/5 Pentecost Sunday Acts 1:1-11/ Ps 47:2-3, 6-7, 8-9/ Eph 1:17-23/Lk 24:46-53

Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/ Jn 16:29-33

Rom 12:9-16/Is 12:2-3, 4bcd, 5-6/ Lk 1:39-56

Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19
Acts 22:30; 23:6-11/Ps 16:1-2a, 5, 7-11/Jn 17:20-26

Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/ Jn 21:20-25

Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34/ 1 Cor 12:3b-7, 12-13/Jn 20:19-23

MASS INTENTIONS

Catherine Chang +; Elizabeth Walker S.I.;
Sandra Walker +; Sylvia Lopez +;

Sunday 5/29
Casimiro Perez Flores +;
People of the Parish S.I.

Monday 5/30 Elizabeth Walker S.I.

Tuesday 5/31 Elizabeth Walker S.I.

Wednesday 6/1 Maria Ngoc Han S.I.

Thursday 6/2 Catherine Gorman Riley +

Friday 6/3 Mandica Konjevod +

ASCENSION

Jesus' time on earth began with his birth (Christmas). It was interrupted for three days by His death on the Cross. During that time, He descended into the realm of the dead and preached the Gospel to the good people who died before Him. This allowed those good and holy souls who accepted Christ as their Savior to proceed to heaven. On the third day after his death and burial, Jesus Christ was raised from the dead, the Resurrection (Easter). He spent the next 40 days preaching and preparing His disciples to perform the work of preaching and baptizing all people. At the end of this 40 day period, Jesus ascended into heaven. We call this the Ascension. We celebrate this on Ascension Sunday, which is celebrated forty days after Easter. Traditionally it is celebrated on a Thursday as a Holy Day of Obligation. The Church presently observes it on a Sunday to allow more of the faithful to attend Mass.

ONLINE DONATIONS
Registrese para este servicio
Register for this service at:
www.is.gd/text2give



Thank You! Gracias!



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Cathedral of the Blessed Sacrament



The Cathedral Women's ACTS Retreat June 16-19, 2022

You are invited to attend this life changing retreat! The ACTS retreat is to enrich your faith, renew yourself spiritually, and develop a purposeful prayer life by having time with God in a personal and communal manner, along with prayer, service, and teaching. The retreat begins Thursday evening and ends with Sunday Mass

For more information, contact Beatriz de la Torre, 916-947-4705 or b69cupcakes@gmail.com.



Youth preparing for the Sacrament of Confirmation at Pentecost

Adolfo Alvarez Arihanna L. Alvarez Jocelyn Balderas Krihsna Benavides Valeria Botello Clarissa Canuela **Bruce Cloud** Jasmine Corona Nayelli Correa Andres de la Rosa Kylie Dees Santiago Esparza Teresa Esparza Kadhmiel Garcia Brianna Garcia Kristofer Garcia-Martinez Itzayana Godinez

Itzia Godinez Leonardo Gomez-Lopez **Emmanuel Gomez-Lopez** Brianna Hernandez Camila Hernandez William Hernandez Alexia Lopez Luzangely Martin Andrea McAuliffe Luis Mejia Isabella Moreno Jesse Murray Marlene Negrete Lucas Rucker Luis Santana Daesi Santos-Vazquez Nico Smith

Francisco Vega

Keep the Flame Clive

Keep the Flame Alive!

Starting June 8, join Fr. O'Reilly for eight Wednesday evening sessions on Zoom at 7:00-8:30 pm, as we 'keep the Easter and Pentecost flame alive' in our hearts by exploring the riches of God's love for us through Scripture, prayer, and the Mass:

"...that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have the strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses all knowledge, so that you may be filled with all the fullness of God." Ephesians 3:17-19

To sign up for this series and to receive the Zoom link for the sessions, you will need to send an **email** to facilitator Donna Pineda at <u>flamealive22@gmail.com</u>. Include:

- 1. Your name.
- 2. If you'll be joining Zoom via cell phone, please include your cell phone number
- 3. Please indicate if you have used Zoom before and if you are a parishioner. A confirmation email will then be sent to you via Flocknote with further details, resources and the Zoom link.

A great way to strengthen and reacquaint yourself with the essentials of our faith. Through these sessions, you may fall in love and stay in love with Christ; whose love for us is unconditional.

Please pray for our youth and their families as they prepare for their Sacraments in the coming weeks/months. We are excited to see the families learning about and preparing tor the Sacraments together in the Cathedral's our Family Formation. Mary, Spouse of the Holy Spirit, pray for us!

Children preparing for First Holy Communion

Alexandra Alvarez
Isabella N. Alvarez
Emilio Barragan
Dilan Benavides
Anthony Castellanos
Diana Castellanos
Alexandra Castro
Jazmin Duran
Jesus Felix
Belinda Felix
Jacqueline Garcia
Savanah Garcia

Anaya Tanya Gomez
Joe Michael Gomez
Ulysses Gonzalez
Armando Gutierrez
Alexander Hernandez
Blake Hollensteiner
Daisy Martinez
John McAuliffe
Hana Michalski
Pablo Moran
Jose Moran
Rosalyn Mulder

April Olivan
Cesar Olivan
Giovanni Pate
Liliana Rabago
Alexander Rodriguez
Mia I. Santana
Ania Santillan
Kimberly Soto
Santiago Torres
Allen Zavala
Lizette Zavala

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CHARLES DE FOUCAULD

Charles de Foucauld was born in Strasbourg, France, in 1858, and both his parents died within months of each other when he was only six years old. Although his grandfather attempted to raise him and his sister in the Church, he strayed from his faith during his adolescence. He continued to wonder about the deep faith and devotion of his cousin, Marie de Bondy, but he saw no reason for it himself. He later said about his early years: "I was so free, so young. There remained not a trace of faith in my soul." He became a soldier, but, lazy and restless, he threw parties and spent money that he had inherited when arrested 1942 and sent to his grandfather died. After an Dachau for treason after "encounter" with Christ during defending Jews and freedom confession and Holy Communion, of the press. The Nazis told he felt his life had forever him that he would be changed. " The moment I realized allowed to live a quiet life in a that God existed, I knew that I monastery if he would make could not do otherwise than to live a statement that the Catholic for him alone." He is known for His press should publish Nazi Abandonment Praver.

St. Charles de Foucauld, canonized May 15, 2022, while strengthening his conversion to the faith on pilgrimage to the Holy land, meditates of Jesus who "descended to the (Holy Family) and came to Nazareth. Throughout his life he descended: by becoming flesh, by becoming an obedient little child, by becoming poor, abandoned, exiled, persecuted, tortured, by always putting himself in the last place."

Today we celebrate the Ascension of our Lord. A beautiful reminder that where Jesus goes, we hope to follow. However, there can be no ascension without first descending. Jesus came down from heaven, lowered himself, became a servant, a slave, a brother and friend. He loved the love of pure sacrifice. He descended. He ascends. We too must descend so we too can ascend. Happy Easter. Fr. Michael





Saint Titus Brandsma **Dutch Carmelite friar** propaganda.



Saint Marie Rivier Presentation of Mary founded the Sisters of the 1796 during the French Revolution, when many Catholic convents were closed and religious activities outlawed. Despite the cruel environment of the Revolution, the order, which foeducation flourished.

Ten new Saints were canonized by Pope Francis on Sunday, May 15, 2022. You can read their stories here or to learn more, visit the Vatican website: 20220515-libretto-canonizzazione.pdf (vatican.va).



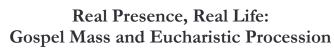
Saint Luigi Maria Palazzolo

was beatified by St. John XXIII in 1963.



Saint Cesar de Bus

founder of the Congregation of the founder of the Fathers of Christian Doctrine, Sisters of the Poor. Ordained a priest in a religious congregation dedicated to educathe diocese of Bergamo, Italy, in June tion, pastoral ministry, and catechesis. Cesar 1850, he would devote his life to the care de Bus began his career in the army but of neglected children. He founded after a serious illness he began to consider Presentation of Mary in several homes and orphanages to this that the priorities of his life were out of end. Along with Venerable Maria Teresa order. Soon after looking at this, he began to Gabrieli, he founded the Congregation of seriously pray and discern God's will for his the Sisters of the Poor (Poverelle Sisters) life. He became a priest and worked with the for the care and education of neglected poor, underprivileged in rural areas. Always girls. He suffered from severe respiratory emphasizing catechism, he believed learning problems and had to sleep sitting up about God belonged first in the home. The cused on the Christian during the last year or so of his life. He term "family catechesis" was coined at this time following his teaching.



Sunday, June 19, 10am at the Cathedral of the Blessed Sacrament

Bishop Jaime Soto will kick off the Diocese of Sacramento's participation in the National Eucharistic Revival on Corpus Christi Sunday. The faithful will commemorate Corpus Christi, the Eucharistic Revival, Juneteenth, and Father's Day. This celebration starts with a Gospel Mass sponsored by the Black Catholic Ministry and will end with a traditional Corpus Christi procession, culminating in a Eucharistic Blessing from Bishop Soto on the steps of the Cathedral. Bring the whole family as we celebrate the real presence of Christ in the Eucharist and the many blessings that Christ's presence brings to our everyday lives.

For more information, please call 916-733-0123 or visit www.scd.org/eucharist.

ESQUINA DEL PASTOR

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San Carlos de Foucauld, fue canonizado el 15 de mayo del 2022, mientras se fortalecia su conversión a la fe en una peregrinación a Tierra Santa, medita de Jesús quien "descendió a la (Sagrada Familia) y vino a Nazaret. A lo largo de su vida descendió: haciéndose carne, haciéndose un niño obediente, haciéndose pobre, abandonado, exiliado, perseguido, torturado, poniéndose siempre en el último lugar".

Hoy celebramos la Ascensión de Nuestro Señor. Un hermoso recordatorio de que a donde va Jesús, esperamos seguir. Sin embargo, no puede haber ascensión sin descender primero. Jesús bajó del cielo, se bajó a sí mismo, se convirtió en un siervo, un esclavo, un hermano y un amigo. Amaba el amor del sacrificio puro. El Descendió. Y Asciende. Nosotros también debemos descender para que podamos también ascender. Felices Pascuas. P. Michael

El nuevo San Carlos de Foucauld es uno de los diez nuevos santos que fueron canonizados por el Papa Francisco el domingo 15 de mayo de 2022. Sus historias se pueden leer en el sitio web del Vaticano: **20220515-libretto-canonizzazione.pdf** (vatican.va).

"Father,
I abandon myself
into your hands;
do with me
what you will.
Whatever you may do,
I thank you:
I am ready for all,
I accept all..."

Excerpt from the Abandonment Prayer St. Charles Foucauld



Saint Devasahayam Pillai Known as Lazarus, this Indian layman converted to Catholicism from Hinduism, and was killed in 1752 for refusing to refute his faith despite being brutally tortured. Pillai was an official in the court of the king of Travancore, Maharaja Marthanda Varma, when he came under the influence of Dutch naval commander, Captain Eustachius De Lannoy, who instructed him in the Catholic faith. He is believed to have been killed by the Travancore state for upholding his Christian faith. Documents dating back to this time period show that conversion of court officials to Christianitv was not tolerated.



Saint Carolina Santocanale (also known as Mary of Jesus) founded the Congregation of the Capuchin Sisters of the Immaculate of Lourdes. Born in 1852 to the nobility class near Palermo, Italy, she was baptized at 3 days old. As her call to the religious life became stronger, she found herself torn between the contemplative cloister and working with the sick, poor, disabled, and abandoned on Palermo. In the end, Carolina became a Franciscan Tertiary (TSSF), taking the name Sister Maria di Gesù. tertiaries began going door to door in poor neighborhoods, wearing a backpack of supplies to assist the sick and the poor.



Saint Justin Russolillo founded the Society of Divine Vocations for men and the Vocationist Sisters for women. He was born in 1891 and died in 1955. He was ordained a priest in 1913 and founded the Society of Divine Vocations for the purpose of developing and fostering vocations to the priesthood and religious life. This was accomplished primarily through "Vocationaries" places of discernment and study for those who think they may have a religious calling.



Saint Anna Maria Rubatto founder of the order now known as the Capuchin Sisters of Mother Rubatto. Her vocation was decided by her work of charity toward an construction worker. Because of her experience helping with the sick, Anna Maria was able to clean the wound and tend to the young man. Taking this as a sign, the Capuchin sisters and priest convinced Anna Maria to enter their community. A year later she did and took the name Sister Maria Francesca of Jesus. She is buried in Montevideo where she had given so much of herself to the poor.



Saint Maria Domenica Mantovani co-founder and first superior general of the Little Sisters of the Holy Family. Born in 1862 in Castelletto di Brenzone, Italy, she dedicated her life to serving the poor and needy as well as assisting the sick and the elderly. She had complete trust in Immaculate Mary to pray for all of her intentions. She was given the name "Mother Maria of the Immaculate." and to the sisters and townspeople she was simply known as "Mother." Many came to her for consultation and guidance. She was inspired by the Holy Family of Nazareth to make herself "all things to all people," ever attentive to the needs of the "poor people."

Let's Talk Parish!

B L E S S E D S A C R A M E N T

This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest,

please contact us.
Call Us: 916-545-5376
https://is.gd/talkparish



Come Pray with Us! Friday Mornings 7:30 am Sunday Mornings 11:15 am Bilingual



The Gift Shop is Open on Sundays

We have Holy Communion gifts, bibles, holy cards, religious items, and prayer books in both English and Spanish. Please contact Susan Moeller for an appointment: 510-734-4158

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For every purchase, the Cathedral receives a donation. Thank You!





Catholic Communication Campaign

SECOND COLLECTION TODAY for the Catholic Communication Campaign (CCC). Your support helps the CCC connect people to Christ and spread the Gospel message. Support the collection today! To learn more, visit www.usccb.org/ccc. To donate online:

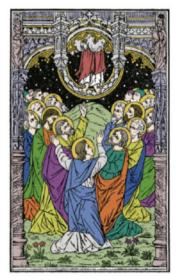
https://www.scd.org/catholicfoundation/catholic-communicationcampaign

FAITH FORMATION & EDUCATION

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www.cathedralsacramento.org/faithformation

Jesus Ascends into Heaven!



Today we celebrate the feast of the Ascension- when Jesus went up, body and soul, into Heaven. Forty days after Jesus rose from the dead He took his disciples up to a big hill and told them that He was going to send the Holy Spirit to them soon. Then He went up into the sky and disappeared behind the clouds.

At first it seems kind of sad that Jesus left His friends, doesn't it? But how could they be sad when Jesus was returning with joy to His Father in Heaven?

Sometimes we are sad when somebody we love dies or moves away, and that's okay. We can't stay with our friends forever in this world, but we will in Heaven. Jesus is there waiting for us to come and live forever with Him and all our friends.

So today we should celebrate Jesus' going into Heaven, and remember that He has gone ahead of us to make a place ready for us when we die.

Answers to The Ascension True of False:

1. True, 2. True, 3. False, 4. True, 5. False, 6. True, 7. True.

Jesús asciende al Cielo!

Hoy celebramos la Fiesta de la Ascensión - cuando Jesús subió, en cuerpo y alma, al cielo. Cuarenta días después de que Jesús resucitó de entre los muertos, llevó a sus discípulos a un gran monte y les dijo que pronto les enviaría el Espíritu Santo. Luego subió al cielo y desapareció detrás de las nubes.

Al principio parece un poco triste que Jesús haya dejado a sus amigos, ¿no? Pero, ¿cómo podían estar tristes cuando Jesús regresaba con alegría a su padre en el Cielo?

A veces estamos tristes cuando alguien a quien amamos muere o se muda, y eso está bien. No podemos quedarnos con nuestros amigos para siempre en este mundo, pero lo haremos en el cielo. Jesús está allí esperando que vengamos y vivamos para siempre con él y todos nuestros amigos.

Así que hoy debemos celebrar la ida de Jesús al cielo, y recordar que se ha adelantado a nosotros para preparar un lugar para nosotros cuando muramos.

Share Faith and Grow in Discipleship/Stewardship

Ever wish you could journey for a while with others who are also seeking to grow in their Catholic faith? This is a life-changing opportunity that can transform ourselves and our parish!

I'm interested. How do I find out more?

Take our online survey to let us know you want to know more:

https://is.gd/cathedraldisciples

Consider joining a Disciple/Stewardship Group!

What are Discipleship / Stewardship Groups? Groups of four people journeying together as disciples through weekly gatherings of fellowship, ongoing conversion, and learning. These weekly meetings foster growth through prayer, accountability, and authentic relationships. Groups will decide where/when to meet. It could be a coffee shop, a member's home, wherever the group members will be faithful.

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Questions: cathedralfaithformationsac@gmail.com

Upcoming faith formation Próxima formación en la fe

Kids corner! Esquina de niños

The Ascension: True or False?



- 1. Jesus kept appearing to His disciples for forty days after Easter. True or False?
- 2. Jesus did not send the Holy Spirit to the disciples until after He went up into Heaven. True or False?
- 3. Jesus had taught the Apostles everything they needed to know before He died, so He didn't have to teach them anything after the Resurrection. True or False?
- 4. Some of the disciples asked Jesus if He was going to start a new kingdom in this world. True or False?
- 5. Jesus and the apostles were all gathered in one room when Jesus disappeared and went into Heaven. True or False?
- 6. Jesus was with a big crowd of His friends on a hill when He went up, body and soul, into Heaven. True or False?
- 7. When Jesus comes back, He will return in the same sort of way as how He left. True or False?

SATURDAY Breakfast w/God, 8AM Zoom **MAY 28** 1st Communion Retreat—9:30AM Confirmation Retreat—5:00 PM **SUNDAY** RCIA BOW—8:00 AM Mass **MAY 29** Augustine Group—9:15 AM Ritiro—Primera Comunion—10AM **MONDAY** RCIA - 6:30 Vespers/7:00PM lessons **MAY 30 TUESDAY** Confirmation Rehearsal—5:30 pm **MAY 31** Confirmation Reconciliation—6:30

THURSDAY Adult Confirmation, 7PM JUNE 2

SATURDAY No Breakfast w/God

JUNE 4 Adult Confirmation Retreat—9:00AM

Adult Confirmation Mass—5:00PM

SUNDAY RCIA BOW—8:00 AM Mass

JUNE 5 Youth Confirmation Mass—10:00AM

Augustine Group—No Session

CATHEDRAL TOURS

Docents are available to give tours on Sundays after the 8:00 am and 10:00 am English masses. Spanish language tours will be given following the noon Spanish mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith. Learn more at: https://is.gd/ cathedraltourresources.





The First Novena!

When Jesus ascended, he told his disciples to wait for the Holy Spirit to come upon them. They waited and prayed for 9 days. (This was the first novena! A novena is 9 days of prayer.) This seems like a day that would be sad, but it's not at all! When Jesus ascended, two angels came to the disciples to let them know Jesus will come again! During this time of waiting, we are not alone. Jesus himself said "Behold, I will be with you always, to the end of the age."

SACRAMENTO CHINESE CATHOLIC COMMUNITY

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Tel: 916-583-8306

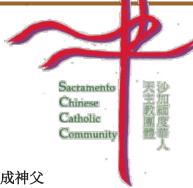
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A Glimpse of Spirituality (靈修一瞥) 24

Fr. Abraham Chiu 趙必成神父

Following Jesus is never easy because there is always a cross waiting for every Christian. It is not God who forces them to bear the cross, but the devil's power. Because Jesus was not welcomed by the devil, the devil killed Jesus through the hands of the false religious leaders. Thus, whoever follows Jesus will also be persecuted by the devil.

Humans are afraid of suffering. Sometimes even the Christians follow the devil's way in order to avoid earthly suffering. As a result, they go to hell with the company of the devil. People are just so weak before the evil power that they would rather opt for the world by giving up the kingdom of heaven.

The gospel says: "When the great crowd of the Jews learned that he was there, they came, not only on account of Jesus but also to see Lazarus, whom he had raised from the dead. So the chief priests planned to put Lazarus also to death."

Jealousy is the reason as the gospel states: "because on account of him many of the Jews were going away and believing in Jesus."

For vanity, one can abandon God and fall into the arms of the devil. Like Judas, he outwardly cared about the poor, but in fact used the poor to cover up his inner greed. A bottle of perfume sold three hundred denarii, which was a year's salary for a common worker. If Mary obeyed Judas and handed him the money, he would reap a lot.

Jesus did not stop Mary from anointing him with the ointment of pure nard, saying, "Let her alone; let her keep it for the day of my burial." In addition to reading the mind of Judas, Jesus also prophesied his death and resurrection.

"Let her alone" (aphes) means to allow her to move on. The ointment she served Jesus was in preparation for his death. According to the Jewish burial, they washed the body with water before wrapping the body in a shroud. It is the rite of purification. Then the body is anointed with perfume as a ceremony showing respect and love to the deceased.

Jesus prophesied his death by the action of Mary, and later by washing the disciples' feet. This death was the result of extreme love. Jesus allowed all acts of love, but stopped Judas' wicked mind.

Love navigates human's death in God and life in heaven.

跟隨耶穌, 絕不容易

十字架

不是天主強迫基督徒背十字架,而是魔鬼勢力。因為耶穌不受魔鬼歡迎,魔鬼殺害耶穌,同樣,誰跟隨耶穌,也會遭受迫害,讓基督徒因為害怕痛苦,而轉移人生往地獄裡去,其實,地獄是永恆痛苦,人,就是那麼軟弱,寧願愛戀世界而放棄天國。 福音記載: "有許多猶太人聽說耶穌在那裡,就來了,不但是為耶穌,也是為看他從死者中所喚起的拉匝祿。為此,司祭長決 議連拉匝祿也要殺掉。"

原因非常簡單,就是嫉妒: "因為有許多猶太人為了拉匝祿的緣故,離開他們,而信從了耶穌。"

為了虛榮, 人可以放棄天主, 而投入魔鬼懷抱。

猶達斯一樣,他外表看來關心窮人,其實利用窮人掩蓋內心貪婪。一瓶賣三百德納的香液,等如一般工人的一年工資,如果瑪利亞聽從猶達斯,將錢交給他,他就會收穫豐富。

耶穌沒有阻擋瑪利亞給他傅抹香液,說:"由她吧!這原是她為我安葬之日而保存的。"

耶穌除了看透猶達斯的心,還有預言他的死亡復活。

"由她吧"(aphes)意即容許她繼續行動,她給耶穌的香液,正是準備他的死亡,按照猶太人的葬禮,他們將遺體用水清洗乾淨,表示淨化,然後用香料傅抹遺體,表示尊重與敬愛,然後才用裹屍布包好。耶穌以瑪利亞的行動,以及後來給門徒洗腳,來預言他的死亡,這死亡,是愛到極點的結果,耶穌容許一切愛的行動,卻停止猶達斯的黑暗行為。

愛, 導航人的生與死

SACRAMENTS AND PREPARATION

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ANOINTING OF THE SICK

Make an appointment by calling the parish office.

BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English:* 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

BAPTISM

Contact Deacon John at the Parish Office jgisla@cathedralsacramento.org; 916-444-3071 Ext.22 Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

CONFESSION/RECONCILIATION

Monday-Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

CONFIRMATION

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

HOLY EUCHARIST

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at cathedralfaithformationsac@gmail.com

HOLY ORDERS

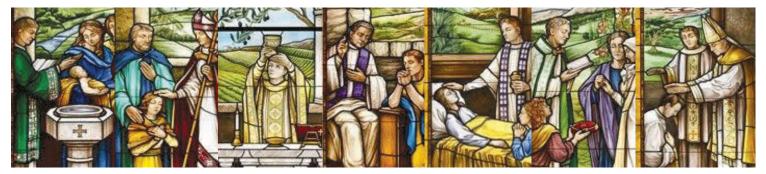
Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at matrimonyprep@att.net or 916-427-9160.

MATRIMONY

No new bookings until June 2022. Contact Titi Kila at tkila@cathedralsacramento.org.



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CATECHIST PREPARATION

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: https://is.gd/cathechistapplication.

FAMILY FAITH FORMATION AND EDUCATION English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: https://is.gd/CathedralSacramentoRCIA.

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MINISTRIES AND CONTACTS

SACRED LITURGY

Altar Servers

Michael Ognisty, mfognisty@msn.com

Cathedral Choir

Rex Rallanka, Director of Music, rrallanka@cathedralsacamento.org Spanish Choir (6:00 pm) Spanish Choir (12:00 pm)

Ricardo Zavala Jerry Vanoye

Extraordinary Ministers of Holy Communion Amy McCormick, ammccormick@att.net

Greeters

Ruben Arocan, rubano_italiano@yahoo.com

Lectors

Maggie Jones, lector@cathedralsac.org

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

PRAYER

Adoration

Titi Kila, cbsadoration@gmail.com Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com **Prayer Chain**

Regina Fagan, prayer.chain.sacramento@gmail.com

Sunday Mass Rosary Group

John Fairbanks, john@capitolmr.com

FAITH FORMATION AND CATECHESIS

Catechists for Religious Education Ministry
Sr. Lisa Marie Doty, FDCC, cathedralfaithfomationsac@gmail.com

Catechists for Religious Education Ministry/Spanish

Deyanira Galvez, Galvez.dgv@gmail.com
Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, RCIA@cathedralsacramento.org
Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

SOCIAL and COMMUNITY SERVICE

Brown Bag Lunch Ministry

Marilynn Fairgood, Marilynn_Fairgood@att.net

Cathedral Docents Tour Ministry

Jill Pease, peasejill@gmail.com

Festival of Trees

Paula Trujillo, trupaula@gmail.com
Front Door Ministry
Deacon Hilbert, hilbertdoheva@aol.com

Gift Shop Volunteers

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry
Deacon John Gisla, jgisla@cathedralsacramento.org

Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

Media Ministry

Titi Kila, communication@cathedralsac.org

Respect Life Ministry Liliana Balderrama, michoacan8888@gmail.com

Volunteer Corps

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

COMMUNITY GROUPS

Benedictus Youth Group

Titi Kila, benedictusyg@gmail.com

Cathedral A.C.T.S.

John Fairbanks, actscathedralsacto@gmail.com Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

Chinese Community

John Wong, jwong@live.it Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

Spanish Parents Group Leaders

Leticia Hilbert, leticia_hilbert@hotmail.com

PASTORAL AND ADMINISTRATIVE STAFF

Fr. Michael O'Reilly, Pastor/Rector Fr. Abraham Chiu, Chinese Mass

Fr. Mémo Hernandez, In Residence

Fr. Michael Kiernan. In Residence

Deacon Omar Bardales

Deacon Gary Brys, Business Manager

Deacon John Gisla

Deacon Edgar Hilbert

Tom Waddock, Cathedral Manager

Sr. Lisa Marie Doty, FDCC

Director of Faith Formation and

Education

Rex Rallanka, Director of Music

Michael Ognisty, Sacristan

Victoria Ramos, Secretary

Katie McAllister, Bookkeeper Titi Kila, Wedding Coordinator

Chris Houlemard, Bulletin/Webmaster

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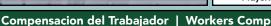
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