

Stewards of God's Gifts

### MASS SCHEDULE

\* Livestream available on Sundays & Holy Days of Obligation

Sunday	Domingo
English	8:00 am
English	10:00 am*
Español	12:00 pm*
Chinese	2:00 pm*
English	4:00 pm
Español	6:00 pm

MASKS ENCOURAGED INDOORS

Monday - Friday Lunes - Viernes 12:10 pm

Saturday | Sábado NO VIGIL MASS

#### **ADORATION**

Wednesday & Thursday 1:00 pm to 4:00 pm

# RECONCILIATION

Monday - Friday | Lunes - Viernes 11:30 am to 12:00 pm

Saturday | Sábado 4:00 pm to 5:00 pm

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cathedralsacramento.org

# **READINGS/MASS INTENTIONS**

Page 2 | Sunday, June 12, 2022 | The Most Holy Trinity

### STEWARDSHIP REFLECTION



Today we celebrate the feast of the Most Holy Trinity. What we are commemorating is a central reality of our Christian faith, that God is Trinitarian in nature — three distinct persons in one God.

The Church calls this truth a mystery, as indeed it is. Some have said that "mystery" in this context is "not a wall to run up against but an ocean in which to swim." Contemplating the "ocean depths" of this mystery can make us humans feel so small, and almighty God so far from us. Yet nothing could be further from the truth as today's readings demonstrate.

In the second reading, St. Paul reminds us that God is intimately connected to us. "The love of God has been poured out into our hearts through the Holy Spirit that has been given to us." God wants to live in the very depths of our being and in all the intimate details of our lives if we will let Him.

And in the Gospel from St. John, we learn that God holds back nothing of Himself from us. Jesus tells His disciples (this includes us!) that the Holy Spirit "will take from what is mine and declare it to you. Everything the Father has is mine." Thus, we find ourselves drawn right into the midst of this Trinitarian love. In fact, if the mystery of Holy Trinity is an ocean which to swim, the "water" that makes up that ocean is love.

What then should be the response of the Christian steward to this sublime mystery? All we can do is worship. And offer our lives back to God in total gratitude for calling us to live in the richness of such unfathomable love.

The Solemnity of The Most Holy Trinity

### READINGS AND OBSERVANCES

Sunday 6/12 The Most Holy Trinity

Monday 6/13 St. Anthony of Padua, Priest and Doctor

Tuesday 6/14 Tuesday of week 11 in Ordinary Time

Wednesday 6/15 Wednesday of week 11 in Ordinary Time

Thursday 6/16 Thursday of week 11 in Ordinary Time

Friday 6/17
Friday of week 11
in Ordinary Time

Saturday 6/18 Blessed Virgin Mary

Sunday 6/19 Corpus Christi Prv 8:22-31/Ps 8:4-5, 6-7, 8-9 [2a]/Rom 5:1-5/Jn 16:12-15

1 Kgs 21:1-16/Ps 5:2-3ab, 4b-6a, 6b-7/ Mt 5:38-42

1 Kgs 21:17-29/Ps 51:3-4, 5-6ab, 11 and 16/Mt 5:43-48

2 Kgs 2:1, 6-14/Ps 31:20, 21, 24/ Mt 6:1-6, 16-18

Sir 48:1-14/Ps 97:1-2, 3-4, 5-6, 7/ Mt 6:7-15

2 Kgs 11:1-4, 9-18, 20/Ps 132:11, 12, 13-14, 17-18/Mt 6:19-23

2 Chr 24:17-25/Ps 89:4-5, 29-30, 31-32, 33-34/Mt 6:24-34

Gn 14:18-20/Ps 110:1, 2, 3, 4 [4b]/ 1 Cor 11:23-26/Lk 9:11b-17

# MASS INTENTIONS

Sunday 6/12

Frs. Flavian & Yoo +; Camilo Martinez; Josephine Belisario Muyco +; S.I. People of the Parish S.I.;

Silvia Lopez +

Monday 6/13

Josephine Belisario Muyco +

Tuesday 6/14

Holy Souls in Purgatory +

Wednesday 6/15

Lucy Hernandez +

Thursday 6/16

Lucy Hernandez +

Friday 6/17

David Lopez +

ONLINE DONATIONS Registrese para este servicio Register for this service at: www.is.gd/text2give



Come Pray with Us!

Friday Mornings 7:30 am

Thank You! Gracias!



This Cathedral podcast seeks to create a greater sense of community among our parishioners. Each episode features Cathedral staff member or parishioner in a casual discussion with host Christian Jensen. If you would like to participate as a guest, please contact us:

Call Us: 916-545-5376 https://is.gd/talkparish



Sunday, June 12, 2022 | The Most Holy Trinity | Page 3

# Keep the Flame (Rive

# Keep the Flame Alive!

There's still time to join Fr. O'Reilly for eight Wednesday evening sessions on Zoom at 7:00-8:30 pm, as we 'keep the Easter and Pentecost flame' alive in our hearts by exploring the riches of God's love for us through Scripture, prayer, and the Mass:

"...that Christ may dwell in your hearts through faith; that you, rooted and grounded in love, may have the strength to comprehend with all the holy ones what is the breadth and length and height and depth, and to know the love of Christ that surpasses all knowledge, so that you may be filled with all the fullness of God." Ephesians 3:17-19

To sign up for this series and to receive the Zoom link for the sessions, send an email to facilitator Donna Pineda at <a href="mailto:flamealive22@gmail.com">flamealive22@gmail.com</a>, please include:

- 1. Your name
- 2. If you'll be joining Zoom via cell phone, please include your cell phone number.
- 3. Please indicate if you have used Zoom before and if you are a parishioner. A confirmation email will then be sent to you via Flocknote with further details, resources and the Zoom link.

A great way to strengthen and reacquaint yourself with the essentials of our faith. Through these sessions, may you fall in love and stay in love with Christ, whose love for us is unconditional.

### Please join us for these 8 sessions:

To grow in understanding of God's love.

To build a more intimate relationship with Jesus through prayer and Lectio Divina, see below *How do you the Pray Lectio Divina?* 

### Seven Sessions Via Zoom including:

- ♦ Who is God?
- ♦ Who is Jesus?
- Prayer as a relationship with Christ
- 2nd Session on Prayer
   The Mass Liturgical Prayer:
- Liturgy of the Word and the Bible
- ♦ Liturgy of the Eucharist
- ♦ Liturgy of the Hours

**8th session is in-person including:** A tour of the Cathedral, prayer in the chapel and fellowship followed by refreshments in Mercy Hall.



There is still time to register!

The Cathedral Women's ACTS Retreat June 16-19, 2022



You are invited to attend this life changing retreat! The ACTS retreat is to enrich your faith, renew yourself spiritually, and develop a purposeful prayer life by having time with God in a personal and communal manner, along with prayer, service, and teaching. The retreat begins Thursday evening and ends with Sunday Mass. For more information, contact Beatriz de la Torre, 916-947-4705 or <a href="mailto:b69cupcakes@gmail.com">b69cupcakes@gmail.com</a>.

June is the Month of the Sacred Heart of Jesus. This year the feast is celebrated on June 24, 2022. Since 1856, the feast of the Sacred Heart is officially celebrated by the universal Church, and ever since then the month of June has been focused on devotion to the Heart of Jesus and

his divine love for humanity.

Jesus to St. Margaret Mary Alacoque:

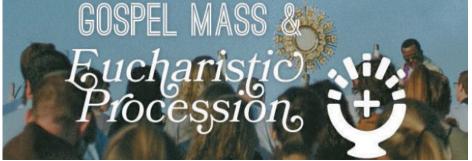
"I promise you that My Heart shall expand Itself to shed in abundance the influence of Its Divine Love upon those who shall thus honor It, and cause It to be honored."



# Real Presence, Real Life: Gospel Mass and Eucharistic Procession

Sunday, June 19, 10am at the Cathedral of the Blessed Sacrament

For more information, please call 916-733-0123 or visit www.scd.org/



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It seems that so much of living is trying to figure out what it is we're supposed to be doing. Pursuing the career, raising the kids, planning the parties, designing the home, getting the degree, working and getting up and giving time to God can make us feel as though we've been just keeping busy so that we don't notice how off track we really are. People often tell me that they are certain that they have a purpose in this world and yet are struggling with just finding a reason to live. When everything we chase after, the family, the job, the material possessions, and the desires, leave us still feeling empty, what is it we are supposed to do? Even though turning to the Church and God can give us some deeper meaning, after a period of time we can begin to wonder if this, too, is just something to distract us from the true meaning of our life.

As I get older, I see that most of our pursuits keep us at the center of our actions. Even our connection with God is meant to help us fulfill some sort of meaning in our lives. This would all make perfect sense if we weren't trying to approach life with some faith in the divine. Once we add God to the equation, we necessarily need to take ourselves out of the center and put Him there. For most believers, we keep ourselves in the center and expect God to work around our expectations. In the end, whether we believe or not, with us at the center, we are clearly left with emptiness.

Put God in the center of your life. It's obvious and we preach it all the time. It's as simple as striving to give Him the glory in all we say and do. Do not strive to please yourself or anyone else. Strive to please God and everything and everyone else will find its proper place. The real purpose of our lives, the real reason why God made us, is to simply reveal to the world His presence (as in "the kingdom is here") and His love (as in "God is love"). This is pleasing to God. There is nothing else we need to do. Just tell and show the world that you believe in the Holy Trinity, and God will take care of the rest. You might find your exterior world emptier, but your interior world will be filled.

Fr. Michael.



#### **CATHEDRAL TOURS:**

Docents are available to give tours on Sundays after the 8:00 am and 10:00 am English masses. Spanish language tours will be given following the noon Spanish mass. Our Docents will share with you how the Cathedral is such an important part of early California history. Learn about our beautiful and important art works and how symbolism in these art works is so integral to our Catholic Faith. Learn more at: https://is.gd/cathedraltourresources

# ESQUINA DEL PASTOR

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Parece que gran parte de la vida consiste en tratar de averiguar qué es lo que se supone que debemos estar haciendo. Seguir la carrera, criar a los niños, planear las fiestas, diseñar la casa, obtener el título, trabajar y levantarse y dedicarle tiempo a Dios puede hacernos sentir como si nos hubiésemos mantenido ocupados para no darnos cuenta de cómo fuera de pista que realmente estamos. Las personas a menudo me dicen que están seguras de que tienen un propósito en este mundo y, sin embargo, luchan por encontrar una razón para vivir. Cuando todo lo que perseguimos, la familia, el trabajo, las posesiones materiales y los deseos, nos dejan todavía sintiéndonos vacíos, ¿qué se supone que debemos hacer? Aunque volverse a la Iglesia y a Dios puede darnos un significado más profundo, después de un período de tiempo podemos comenzar a preguntarnos si esto también es algo que nos distrae del verdadero significado de nuestra vida.

A medida que envejezco, veo que la mayoría de nuestras actividades nos mantienen en el centro de nuestras acciones. Incluso nuestra conexión con Dios está destinada a ayudarnos a cumplir algún tipo de significado en nuestras vidas. Todo esto tendría perfecto sentido si no estuviéramos tratando de acercarnos a la vida con algo de fe en lo divino. Una vez que agregamos a Dios a la ecuación, necesariamente debemos sacarnos del centro y ponerlo allí. Para la mayoría de los creyentes, nos mantenemos en el centro y esperamos que Dios cumpla con nuestras expectativas. Al final, creamos o no, con nosotros en el centro, claramente nos quedamos con el vacío.

Pon a Dios en el centro de tu vida. Es obvio y lo predicamos todo el tiempo. Es tan simple como esforzarse por darle la gloria a Él en todo lo que decimos y hacemos. No te esfuerces por complacerte a ti mismo o a los demás. Esfuérzate por agradar a Dios y todo y todos los demás encontrarán su lugar adecuado. El verdadero propósito de nuestras vidas, la verdadera razón por la que Dios nos hizo, es simplemente revelar al mundo Su presencia (como en "el reino está aquí") y Su amor (como en "Dios es amor"). Esto es agradable a Dios. No hay nada más que debamos hacer. Solo di y muéstrale al mundo que crees en la Santísima Trinidad, y Dios se encargará del resto. Puede que encuentres tu mundo exterior más vacío, pero tu mundo interior estará lleno.

Padre Miguel.

# The Gift Shop is open on Sundays

We have gifts, bibles, holy cards, religious items, and prayer books in both English & Spanish. Please contact Susan Moeller for an appointment: 510-734-4158

#### Please enroll in AmazonSmile and help the Cathedral!

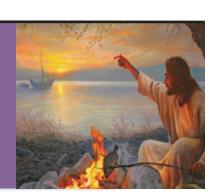
For every purchase, the Cathedral receives a donation. Thank You!



# Breakfast with God Every Saturday, 8AM

Prepare with the Gospel for Sunday Mass.
Prepárese para la misa dominical.

is.gd/breakfastwithGod



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www.cathedralsacramento.org/faithformation



# The Blessed Trinity

Today we celebrate the feast day of the Blessed Trinity. The word Trinity is a title for God that tells us that He is three Persons in one God.

Before Jesus came, the people didn't know that God was a Trinity. The Israelites knew that there was only one God, but they didn't know very much about Him. Jesus showed the people that there were three Persons in God when He taught them about Himself and the Father and the Holy Spirit.

The three Persons in the Blessed Trinity are all equal but different. We cannot understand this, but we believe it because Jesus taught it. It is one of the Mysteries of our Faith.

What does the Holy Trinity do for us? We know that God the Father made everything and we are intended to go back to Him. The Holy Spirit guides us towards Him, and Jesus is the way.

Every time you make the Sign of the Cross or say the "Glory Be" you are praying to the Blessed Trinity.

Answer to Word-Find: Give thanks to God

www.thekidsbulletin.com



# la Santisima Trinidad

Hoy celebramos la fiesta de la Santísima Trinidad. La palabra Trinidad es un título para Dios que nos dice que Él es tres Personas en un solo Dios.

Antes de que viniera Jesús, la gente no sabía que Dios era una Trinidad. Los Israelitas sabían que había un solo Dios, pero no sabían mucho acerca de Él. Jesús le mostró a la gente que había tres Personas en Dios cuando les enseñó acerca de Sí mismo, del Padre y del Espíritu Santo.

Las tres Personas de la Santísima Trinidad son todas iguales pero diferentes. No podemos entender esto, pero lo creemos porque Jesús lo enseñó. Es uno de los misterios de nuestra fe.

¿Qué hace la Santísima Trinidad por nosotros? Sabemos que Dios el Padre hizo todo lo que estamos destinados a regresar a Él. El Espíritu Santo nos guía hacia él, y Jesús es el camino.

Cada vez que haces la Señal de la Cruz o dices el "Gloria" estás orando a la Santísima Trinidad.

Gloria al Padre y al Hijo y al Espírita Santo. Como era en el principio, ahora y siempre, por los siglos de los siglos. Amén.

Glory to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.

Sunday June 12
10:00 am Mass
Emilio Barragan
Jacqueline Garcia
Anaya Tanya Gomez
Joe Michael Gomez



# Sunday, June 12, 12:00 pm Mass

Alexandra Alvarez Balderas Daisy Martinez Castaneda Alexander Rodriguez Moreno Ania Marie Santillan Chavarria Allen Yamir Zavala Silva Lizette Dayanara Zavala Silva Kimberly Soto Please pray for the children receiving Jesus for the first time in Holy Communion today.

Throughout the Summer the First Communion Class will celebrate the Sacrament with their families at their regular Mass times. We hope this will be a very special experience for them.

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Questions: cathedralfaithformationsac@gmail.com

# Upcoming faith formation Próxima formación en la fe

Kids corner!
Esquina de niños

<b>SATURDAY</b>	Breakfast w/God, 8AM	Zoom
JUNE 11	, ,	

SUNDAY RCIA BOW—8:00 AM Mass
JUNE 12 Group 1—Holy Communior

Group 1—Holy Communion—10AM

Group 2—Santa Comunion—12PM

MONDAY RCIA - 6:30 Vespers/7:00PM lessons

TUESDAY
JUNE 14

4-6 PM Certificates Available for
Pick up—Confirmation Youth

**SATURDAY** No Breakfast with God

**JUNE 18** 

**SUNDAY** RCIA BOW—8:00 AM Mass

**JUNE 19** 

**SUNDAY** Group 3—Santa Comunion—12PM

**JUNE 26** 

Congratulations to all who received the Sacrament of Confirmation on Pentecost weekend! We look forward to seeing how the Holy Spirit is going to bless the Church through you!

Adolfo Alvarez Arihanna L. Alvarez Jocelyn Balderas Krishna Benavides Valeria Botello Clarissa Canuela **Bruce Cloud** Nayelli Correa Andres de la Rosa Santiago Esparza Teresa Esparza Kadhmiel Garcia Brianna Garcia Kristofer Garcia-Martinez Itzayana Godinez Itzia Godinez Leonardo Gomez-Lopez **Emmanuel Gomez-Lopez** Brianna Hernandez Camila Hernandez

William Hernandez
Luzangely Martin
Andrea McAuliffe
Luis Mejia Cisneros
Isabella Moreno
Jesse Murray
Marlene Negrete Jaime
Yadira Perez-Garibaldo
Gabriel Duran Ponce
Lucas Rucker
Luis Santana
Daesi Santos-Vazquez
Nico Smith

Pray for the our youth who will receive Confirmation on June 14th at Our Lady of Lourdes:

Jasmine Corona Kylie Dees Alexia Lopez

# Psalm 8 Word-Find

Find the words from today's Psalm that are in CAPITALS. Use the left over letters to fill in the blanks at the very end.

BEASTSHANDS
IAGWATERSIM
RRCOSTARSVI
DTRREHVAHTN
SHOKMRENEPD
HAWMOONGEOC
GNNKRUSEPWA
RFEETGSDTET
EIDOAHONORT
ASGGLORYODL
THINGSAVAGE

How GREAT is your name, O Lord our God, THROUGH all the EARTH!

When I see the HEAVENS, the WORK of your HANDS, the MOON and the STARS which you have ARRANGED, what is man that you should keep him in MIND, MORTAL man that you care for him?

Yet you have made him little less than a god; with GLORY and HONOR you CROWNED him, gave him POWER over the works of your hand, put all THINGS under his FEET.

All of them, SHEEP and CATTLE, yes, even the SAVAGE BEASTS, BIRDS of the air, and FISH that make their way through the WATERS,

Congratulations to the Adults who received the Sacrament of Confirmation:

Tifani Ashley Aguirre Angie Sarahi Aguirre Guerra Rosa Isela Avila Edgar Becerra Karla Michell Cruz Solache Karla Maria Guerrero

Brittny Teresita Huerta Imelda Lemus Felix Christopher Medrano Lisseth Melendez Philip Monasterio Ron Luis Robinette

# SACRAMENTO CHINESE CATHOLIC COMMUNITY

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Tel: 916-583-8306

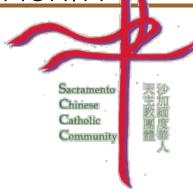
Email: sccc.contact@gmail.com
Instagram: https://is.gd/SCCCintagram
Website: www.sacchinesecatholic.org/



@sacchinesecatholic







### A Glimpse of Spirituality 靈修一瞥26

Fr. Abraham Chiu 趙必成神父

Let go, how hard is it? It depends on what people will get after letting go.

Jesus wants believers to let go of the world and get heaven. However, Christians sometimes listen to the devil as to let go of heaven and opt for hell. Is it worth?

What Jesus said to the rich man was to raise his spiritual level: "Go, sell what you have, and give to the poor; and you will have treasure in heaven; and come, follow me."

At first glance, selling everything is the foundation. Actively taking up the cross is the main issue to follow Jesus. In other words, selling everything is a preparation for bearing the cross, because following Jesus is not a comfortable job. The devil will continue to tempt and persecute the Christians all their lives, forcing them to obey the devil, and finally letting go of the kingdom of heaven because of pain; then rushing to hell with the company of the devil.

The Greek verb "follow" (akolouthei) is participating in Jesus' life. That is the cross. The pain inflicted on him by the adversaries came to climax when they mocked Jesus: "Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!" (Mark 15:29-30)

If Jesus really jumped off the cross, he would have fallen into the devil's trap. It might indicate that Jesus could not bear the pain and he chose to leave the mission of God. Thus, he finally failed to reveal to the world that there would be resurrection after death.

Since Jesus was persecuted for upholding God's justice, then Christians who participated in Jesus' life should like that of Jesus, i.e., letting go themselves and even their lives for the kingdom of heaven. The resurrection, indeed, is waiting for those who give up their lives for witnessing to God.

Letting go of all the world's property, for this rich man, is the spiritual cultivation, allowing him to get closer to the core of Jesus' life step by step. At that time, what he should rely on was not himself but God.

Jesus continued saying: "how hard it is for those who trust in riches to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God."

"Trust" here (pepoithotas) means to believe. In short, if one worships money like a god and relies on it with all one's heart, s/he will not be able to enter the kingdom of heaven. How could these persons enter the kingdom of God while they regard hell as their heaven?

The heart, like an anchor, where it is placed, is the port.

放下,有多難?

要看放下之後,得到什麼

耶穌只是要信徒放下世界,得到天國

可是, 有時候基督徒卻聽從魔鬼放下天國, 投進地獄

值得?

耶穌對富人所說的,是提升他神修層次:"你去,變賣你所有的一切,施捨給窮人,你必有寶藏在天上;然後來,背著十字架,跟隨我!"

變賣一切,是基礎,主動背起十字架,才是積極跟隨耶穌。

換言之,變賣一切,是背十字架的準備,因為跟隨耶穌不是舒服的事,魔鬼會一輩子不斷誘惑與迫害,逼使基督徒聽從魔鬼, 因痛苦而放下天國,跟著進入地獄。

"跟隨"(akolouthei)是參與耶穌生命,而耶穌生命就是十字架,是敵對者加給他的痛苦,特別在十字架下戲弄嘲笑耶穌:"哇!你這拆毀聖殿,三天內重建起來的,你從十字架上下來,救你自己吧!"(谷15:29-30)

**耶穌如果真的從十字架上跳下來,就中了魔鬼詭計,因為耶穌也受不了痛苦,離開天主的救世使命,沒有給世界**啟示死亡之後 有復活。

既然耶穌因主持天主正義而受迫害,那麼,參與耶穌生命的基督徒,也要跟耶穌一樣,為天國而奉獻自己,甚至生命,因為死 亡之後有復活。

**放下世界一切財**產·為這富人·是神修提升·讓他一步一步接近耶穌生命核心·到時·他所依靠的·不是自己·而是天主。

耶穌繼續說:"仗恃錢財的人,進天主的國是多麼難啊!駱駝穿過針孔,比富有的人進天主的國還容易。"

"仗恃"(pepoithotas)意即信任或相信,簡言之,如果將錢財變成神明一樣膜拜,並且全心依靠,是進不了天國,因為,這些人將地獄看成天國。

心, 如船錨, 放在哪裡, 哪裡就是港岸

# SACRAMENTS AND PREPARATION

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#### **ANOINTING OF THE SICK**

Make an appointment by calling the parish office.

#### BAPTISM for INFANTS PREPARATION

Classes located in the Cathedral. *English:* 1st Thursday of the month at 7pm. *Spanish*: 2nd Thursday of the month at 7pm.

#### **BAPTISM**

Contact Deacon John at the Parish Office <a href="mailto:jgisla@cathedralsacramento.org">jgisla@cathedralsacramento.org</a>; 916-444-3071 Ext.22 Baptisms are scheduled in English at 9 AM on the first and third Saturday of each month; and in Spanish at 9 AM on the second and fourth Saturday of each month.

#### CONFESSION/RECONCILIATION

Monday-Friday: 11:30 am to 12:00 pm

Saturday: 4:00 to 5:00 pm

#### **CONFIRMATION**

The Cathedral offers programs of formation for the Sacrament of Confirmation to youth (7th grade and older) and Adults. Go to:

www.cathedralsacramento.org/faithformation

#### **HOLY EUCHARIST**

Following at least two years of faith formation, and signs of readiness, Children and Teens prepare for the Sacrament of the Holy Eucharist through a series of workshops for immediate preparation for the Sacrament. Adults prepare for the Sacrament through the RCIA. Contact Sister Lisa Marie for details at <a href="mailto:cathedralfaithformationsac@gmail.com">cathedralfaithformationsac@gmail.com</a>

#### **HOLY ORDERS**

Priests and deacons are ordained to perform ministerial roles in the community. To learn more about the priesthood and /or deaconate, contact Fr. Mémo Hernandez at 916-733-0258.

#### MARRIAGE PREPARATION

The Diocese requires all engaged couples to prepare for their union with a marriage preparation program no less than two months before the date of their wedding. Contact Deacon Omar & Janet Bardales at <a href="mailto:matrimonyprep@att.net">matrimonyprep@att.net</a> or 916-427-9160.

#### **MATRIMONY**

No new bookings until June 2022. Contact Titi Kila at tkila@cathedralsacramento.org.



#### CATHOLIC VIEWPOINT FAITH, HOPE & LOVE

With Fr. Michael F. Kiernan & Guests

Shalom World TV – Tuesday at 12:30 pm Comcast Ch 20 – Sunday 7:00 am and Thursday 5:00 pm Or view us on YouTube or our website:

www.CatholicViewpointFHL.com

Exploring the beauty of our Faith!



#### **CATECHIST PREPARATION**

Desire to help us pass on the faith to adults and children? To learn more and to complete your application go to: <a href="https://is.gd/cathechistapplication">https://is.gd/cathechistapplication</a>.

# FAMILY FAITH FORMATION AND EDUCATION English and Spanish

The Cathedral offers weekly encounters for families to grow in faith together. Go to:

www.cathedralsacramento.org/faithformation

# RITE OF CHRISTIAN INITIATION FOR ADULTS/ CHILDREN (RCIA) Adults:

Go to: <a href="https://is.gd/CathedralSacramentoRCIA">https://is.gd/CathedralSacramentoRCIA</a>.

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### MINISTRIES AND CONTACTS

#### SACRED LITURGY

**Altar Servers** 

Michael Ognisty, mfognisty@msn.com

**Cathedral Choir** 

Rex Rallanka, Director of Music, rrallanka@cathedralsacamento.org Spanish Choir (6:00 pm) Spanish Choir (12:00 pm)

Ricardo Zavala Jerry Vanoye

**Extraordinary Ministers of Holy Communion** Amy McCormick, ammccormick@att.net

Greeters

Ruben Arocan, rubano\_italiano@yahoo.com

Lectors

Maggie Jones, lector@cathedralsac.org

Ushers

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

#### **PRAYER**

Adoration

Titi Kila, cbsadoration@gmail.com Friday Morning Rosary Group

John Fairbanks, john@capitolmr.com

**Prayer Chain** 

Regina Fagan, prayer.chain.sacramento@gmail.com

Sunday Mass Rosary Group

John Fairbanks, john@capitolmr.com

#### FAITH FORMATION AND CATECHESIS

Catechists for Religious Education Ministry
Sr. Lisa Marie Doty, FDCC, cathedralfaithfomationsac@gmail.com

Catechists for Religious Education Ministry/Spanish

Deyanira Galvez, Galvez.dgv@gmail.com
Rite of Christian Initiation for Adults (RCIA) Support Ministry

Sr. Lisa Marie Doty, FDCC, RCIA@cathedralsacramento.org
Catechesis of the Good Shepherd

For ages 3+ David Vincent, admin@youngsheep.org; www.youngsheep.org

#### SOCIAL and COMMUNITY SERVICE

**Brown Bag Lunch Ministry** 

Marilynn Fairgood, Marilynn\_Fairgood@att.net

**Cathedral Docents Tour Ministry** 

Jill Pease, peasejill@gmail.com

**Festival of Trees** 

Paula Trujillo, trupaula@gmail.com
Front Door Ministry
Deacon Hilbert, hilbertdoheva@aol.com

**Gift Shop Volunteers** 

Susan Moeller, susandurand@ymail.com

Hospitality

Celeste Gisla, jfgisla@att.net

Office Ministry
Victoria Ramos, vramos@cathedralsacramento.org
Outreach Ministry to the Homebound

Deacon Omar Bardales, omarcpa@att.net

**Media Ministry** 

Titi Kila, communication@cathedralsac.org

Respect Life Ministry Liliana Balderrama, michoacan8888@gmail.com

**Volunteer Corps** 

Tom Waddock, tomwaddock@yahoo.com or 916-444-3071, x 36

#### COMMUNITY GROUPS

**Benedictus Youth Group** 

Titi Kila, benedictusyg@gmail.com

Cathedral A.C.T.S.

John Fairbanks, actscathedralsacto@gmail.com Cathedral Young Adults

Victoria Ramos, cathedralya@gmail.com

**Chinese Community** 

John Wong, jwong@live.it Knights of Columbus

Jaime Elizaldi, jaime.elizaldi@gmail.com

**Spanish Parents Group Leaders** 

Leticia Hilbert, leticia\_hilbert@hotmail.com

#### **PASTORAL AND ADMINISTRATIVE STAFF**

Fr. Michael O'Reilly, Pastor/Rector Fr. Abraham Chiu, Chinese Mass

Fr. Mémo Hernandez, In Residence

Fr. Michael Kiernan. In Residence

**Deacon Omar Bardales** 

Deacon Gary Brys, Business Manager

Deacon John Gisla

Deacon Edgar Hilbert

Tom Waddock, Cathedral Manager

Sr. Lisa Marie Doty, FDCC

Director of Faith Formation and

Education

Rex Rallanka, Director of Music

Michael Ognisty, Sacristan

Victoria Ramos, Secretary

Katie McAllister, Bookkeeper

Titi Kila, Wedding Coordinator

Chris Houlemard, Bulletin/Webmaster

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